

A Practical Guide to Effective Nurse Prescribing in End of Life Care

For Current and Aspiring Nurse Prescribers

Monday 26 February 2018 De Vere West One Conference Centre, London

10% card payments discount*
15% Group booking discount**



Conference Chair:

Claire Henry

Director of Improvement and Transformation

Hospice UK

Supporting Organisations



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This important national conference provides an essential update for current and aspiring nurse prescribers on prescribing at the end of life. It is widely recognized that pain and symptom control at the end of life is not always optimal, the development of nurse prescribing has a key role in improving pain and symptom control for patients at the end of life. The conference, which includes national updates, extended in depth sessions and case studies will focus on developing your skills and competence as a nurse prescriber in end of life care.

"The way we care for dying people is a litmus test for the kind of society we are and for our health and care services. That's why it's essential that people have around the clock access to pain relief and symptom control." Simon Chapman, Director of Public and Parliamentary Engagement at Dying Matters and the National Council for Palliative Care

"There are unacceptable variations in aspects of palliative and end of life care such as access to pain control, related to different care settings" Ambitions for Palliative and End of Life Care: A national framework for local action 2015-2020

"People have watched their loved ones dying in pain or in an agitated state because their symptoms have been ineffectively or poorly managed... These cases show how pain, agitation and other distressing symptoms were not adequately controlled as people neared the end of their lives. This caused additional unnecessary suffering for the person who was dying, and also for their loved ones, who were by their bedside in their final days and hours. In many cases, this distress could have been avoided." The Parliamentary and Health Service Ombudsman

"NMP in a palliative care context may be one mechanism through which people can be supported to remain at home with well controlled symptoms at the end of life. For example, patients with cancer typically spend 65-80% of their last 6 months of life at home and adequate pain control is often hindered by poor access to effective timely analgesia. These patients often have multiple, rapidly changing symptoms requiring highly specialist management" Non-Medical Prescribing in Palliative Care: A Regional Survey, Dr Lucy Ziegler University of Leeds

This conference will enable you to:

Network with colleagues who are working to improving nurse prescribing in end of life care

- Learn from outstanding practice in end of life care prescribing
- Understand how to effectively develop, demonstrate and maintain continued competence in Prescribing for patients at the end of life
- Reflect on lessons from experts in nurse prescribing for specific case study areas with in depth interactive sessions focusing on
 - Nurse Prescribing for Pain
 - Nurse Prescribing in community settings
 - Controlled drugs and use of drugs beyond the product licence
 - The use of Syringe Drivers and Syringe Driver combinations
 - Best practice in prescribing for symptom control at the end of life
 - Nurse prescribing within a hospice setting
 - Anticipatory prescribing
- Identify key strategies for improving nurse prescribing practice at the end of life
- Develop your role and confidence as a nurse prescriber
- Self assess, reflect and expand your skills in prescribing practice whilst understanding your limits of practice

100% of delegates at our previous conference on this subject would recommend it to a colleagues

10.00 Chair's Welcome

Claire Henry *Director of Improvement and Transformation Hospice UK*

10.10 Nurse Prescribing: National Update

Marion Russell
*Medicines Management Advisor
& Member Association for Prescribers*

- national developments in nurse prescribing
- developing confidence and competence in your ability to prescribe
- demonstrating compliance with the NMC Code for revalidation
- the benefits of nurse prescribing in end of life care

10.40 Nurse prescribing in end of life care in a nurse led hospice

Sheila Dawson
*Member National Nurse Consultant in Palliative Care Group
& Nurse Consultant in Palliative Care
St Theresa's Hospice*

- current issues for nurse prescribers in end of life care
- why are nurses who are trained to prescribe in end of life care not prescribing?
- difficult issues in end of life care prescribing
- my experience: tips and advice

11.10 *Question and answers, followed by tea & coffee at 11.20*

11.45 EXTENDED SESSION: Nurse Prescribing for Pain at the End of Life

Inge Bateman
*Lead Clinical Nurse Specialist In-patient Pain Service
Western Sussex Hospitals NHS Foundation Trust*

- developing, demonstrating and maintaining continued competence in nurse prescribing for pain
- key principles in the assessment of pain
- clinical experience leading to improved service
- working collaborative with the palliative care team – examples of improved care

12.30 EXTENDED SESSION: Ensuring competence and confidence in prescribing practice

Claire Callaghan
*NMP Programme Leader
University of Cumbria*

- improving nurse prescribing practice
- implementing the new national competency framework
- ensuring you have the history-taking, clinical assessment and diagnosis skills to prescribe appropriately and effectively
- keeping your prescribing knowledge up-to-date: accessing education, training and resources
- understanding your limits of practice and competence
- interactive question session

13.15 *Question and answers, followed by lunch at 13.25*

Case studies in practice

14.00 Nurse Prescribing in the community setting

Louise Seager
*Senior Specialist Clinical Pharmacist for end-of-life care
John Taylor Hospice*

- the role of nurse prescribing in enabling people to remain at home
- developing the prescribing role in community nursing
- our experience and case histories

14.30 Controlled drugs and the use of drugs beyond product licence

Jane Naismith
*Nurse Consultant, Community Palliative Care Team
St Joseph Hospice*

- controlled drugs and nurse prescribing
- what are the issues
- the use of drugs beyond the product licence
- nurse prescribing and the use of Syringe Drivers and Syringe Driver combinations
- our experience

15.00 Best practice in prescribing for symptom control in End of Life Care

Lara Roskelly
*Matron, Symptom Control & Palliative Care
The Royal Marsden NHS Foundation Trust*

- prescribing for symptom control: current issues
- best practice in prescribing for symptom control at the end of life
- improving confidence in prescribing practice
- improving nurse prescribing practice
- supporting nurse prescribers: infrastructure needed to support the safe and effective development and implementation of nurse prescribing

15.30 *Question and answers, followed by tea & coffee at 15.40*

16.00 Nurse Prescribing in a Hospice Setting

Speaker to be announced

- nurse prescribing in a hospice setting: issues and benefits
- overcoming issues such as training required, engagement and support of primary care, expectations of the role, not wanting to de-skill doctors and difficulties in accessing prescription pads
- the benefits we have seen from nurse prescribing

16.30 Anticipatory prescribing: 'Just in Case' boxes to support patients to die at home

Speaker to be announced

Anticipatory prescribing can provide access to essential medications for symptom control at the end of life. Current best practice recommends that medications to manage pain, breathlessness, nausea and vomiting, and agitation are prescribed with authorisation for administration when it is recognised that someone is entering the final days of life. NICE 2015

- ensuring that there is a supply of drugs in the patient's home, combined with the apparatus needed to administer them, with the intention that they are available to an attending clinician for use after an appropriate clinical assessment
- difficult issues with anticipatory prescribing: managing risks
- the nurses role as a prescriber and administrator of anticipatory prescribing
- implications of the NICE Guidance for anticipatory prescribing

17.00 *Question and answers, followed by close*

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Conference Registration

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Download

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The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

De Vere West One, 9-10 Portland Place, London, W1B 1PR.
A map of the venue will be sent with confirmation of your booking.

Date Monday 26 February 2018

Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
 £300 + VAT (£360.00) for voluntary sector / charities.
 £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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